

Power Presence Breath Weekend Yoga Retreat

With Ana and Jelena

13-15 June 2025

Hôtel Beau-Site
Valais - Switzerland

Guided yoga & meditation

Breathwork exercises for relaxation & focus

Hiking in the peaceful surroundings

Locally sourced organic meals

Free time

Whether you're new to yoga or experienced, this retreat offers a chance to pause, breathe, and be in the moment. Reserve your spot today!

Jelena: jel.rainbow@gmail.com & Ana: mindbodychanges@gmail.com

Shared room: 420 CHF/pers
Twin/Double room: 480 CHF/pers
Single room: 550 CHF/pers

Arrivals on Friday 6pm
Departures on Sunday 2pm
All activities, room nights & meals incl.